

<CHILL OUT CLUB>

End of Year Financial Statements

01/09/2019 to 31/08/2020

Charity contact information



Chill Out Club

Scottish Charity Number: SC042843

Address meeting place: Moncreiff Parish Church, Maxwellton Road, East Kilbride

Postcode: G74 3JJ

Correspondence address: Mrs F Lamont, 57 Lochlea, East Kilbride, G74 3RX

Telephone number: 07973 438843

Email address: enquiries@chilloutclub.org.uk

Website: www.chilloutclub.org.uk

Charity Trustees

1. Gina Gordon
2. Fiona Lamont

Objectives and activities

The charity was set up as a peer support group to fill the gap when many mental health services were being axed.

Our charitable purposes are:

- The relief of those in need by reason of mental-ill health or disability.
- To provide stimulating activities for our members and guests.
- To provide social interaction between members guests and other clubs.
- To provide information and signpost members and guests to other agencies where they may secure the information they require.
- To work in conjunction with South Lanarkshire Council, NHS Lanarkshire and other agencies to promote mental health wellbeing.
- To improve the quality of life and enhance the self esteem of its members and guests.
- To promote equality of opportunity for all.

Our activities are:

- We provide a social meeting place for those affected by mental health issues. Meeting for two hours once per week we have between 10 and 15 regular attendees with a further 15 or

so coming and going as their needs dictate. We are a peer support group and manage our own affairs.

- We help adults affected by mental health issues.

Structure, governance and management

Type of governing document

Constitution

Trustee recruitment and appointment

Office bearers become trustees by default.

Achievements and performance

This has been a very difficult year for the Chill Out Club due to Covid-19. In the first part of the financial year we met as usual each Tuesday afternoon and took part in various activities with chat being the main feature. We had crafts, pool, badminton, table tennis, music, quizzes and more. There were two outings, in October we used our free bus passes to go on a trip to Perth and in December we enjoyed our annual Christmas lunch. The last time we were able to meet was on 10th March for Moncreiff's annual pancake day. Then Covid-19 hit, lockdowns began and we couldn't meet face to face any longer. We transferred to Whatsapp and varying numbers now meet for a chat on Tuesday evenings. We've kept in touch with others by phone and have had a couple of window visits to our members in care homes.

Our biggest success is in maintaining contact during the covid-19 pandemic.

We have managed to stay connected through difficult times and have supported each other in permitted ways.

The Chill Out Club has no volunteers. We look after ourselves and each other.

Financial review

Statement of the charity's policy on reserves

Being a very small club, we have no formal reserve policy, however we do like to ensure we have funds available for our annual rent of £1,040. Currently we have £1,540 in a designated fund which ensures we can pay our rent when it is next due and indeed have something to build on for the following year. We paid our full rent for the year to August 2020, however we did not use the premises for 6 months and consequently our first six months back in the building will be covered by this.

Details of any deficit

There are deficits all round in this financial year. We have not met since March and only one member has maintained their subs by standing order. We did not have the opportunity to do any fund raising or make grant applications. Fortunately, our financial needs are small, however, when we are meeting again we will organize some fundraising activities for the club. Our expenditure on rent will be almost halved in the next financial year as we had paid for the year to August 2020 and have not met in the building since March.

Donated facilities and services

We have been fortunate to have had refreshments donated this past year.

Future plans

We're desperate to get back to face to face meetings again and we hope to resume at the beginning of August 2021. Until then we will continue to meet via Whatsapp and stay in touch by phone.

Additional information

It's been a challenging year for all, we look forward with anticipation to the new normal and to resuming our meetings in Moncreiff.

Statement of Financial Activities

	Unrestricted funds	Designated funds	Restricted funds	Endowment funds	Total funds	Prior year total funds
Income and endowments from:						
Donations and legacies	—	—	—	—	—	—
Other income	£673	—	—	—	£673	£1,411
Total income and endowments from:	£673	—	—	—	£673	£1,411
Expenditure on:						
Expenditure on charitable activities	£1,519	£27	—	—	£1,547	£2,260
Other expenditure	£48	£25	—	—	£74	£313
Total expenditure on:	£1,568	£53	—	—	£1,622	£2,573
Net income / (expenditure)	(£895)	(£53)	—	—	(£948)	(£1,162)
Transfers						
Gross transfers between funds - in	—	£52	—	—	£52	£3,246
Gross transfers between funds - out	(£52)	—	—	—	(£52)	(£3,246)
Net income / (expenditure)	(£947)	£0	—	—	(£948)	(£1,162)
Other recognised gains / losses						
Gains / losses on investment assets	—	—	—	—	—	—
Gains on revaluation, fixed assets, charity's own use	—	—	—	—	—	—
Net movement in funds	(£947)	£0	—	—	(£948)	(£1,162)
Total funds brought forward	£3,338	£1,540	—	—	£4,879	£6,041
Total funds carried forward	£2,391	£1,540	—	—	£3,931	£4,879

Balance sheet

	Total funds	Prior year funds
Current assets	£3,931	£4,879
Cash at bank and in hand	£3,931	£4,879
Net current assets less current liabilities	£3,931	£4,879
Total assets less current liabilities	£3,931	£4,879
Total net assets less liabilities	£3,931	£4,879
Represented by		
Unrestricted	£2,391	£3,338
General fund		
Designated	£1,540	£1,540
Rent	—	£0
Youth & Philanthropy Initiative		
Restricted	—	—
Big Lottery - Awards For All	—	—
South Lanarkshire Council	—	—
Foundation Scotland - Express Grants	—	—
Newby Trust	—	—
Funds of the charity	£3,931	£4,879

Analysis of income and expenditure

	Unrestricted	Designated	Restricted	Endowment	Total This year	Total Last year
INCOME AND ENDOWMENTS						
Donations and legacies						
Grants Received	—	—	—	—	—	—
Total	—	—	—	—	—	—
Other income						
Membership Fees	£573	—	—	—	£573	£1,196
Donations	—	—	—	—	—	£16
Swear Box	—	—	—	—	—	—
Soft Drinks & Refreshments	—	—	—	—	—	—
Lottery Winnings	—	—	—	—	—	—
Club Outings	£100	—	—	—	£100	£198
Gift Aid Received	—	—	—	—	—	—
Total	£673	—	—	—	£673	£1,411
INCOME TOTAL	£673	—	—	—	£673	£1,411

EXPENDITURE

Expenditure on charitable activities

Rent	£1,040	—	—	—	£1,040	£1,040
Stationery & postages	—	—	—	—	—	£9
Equipment	£79	£27	—	—	£107	£93
Public Liability & Trustee Indemnity	—	—	—	—	—	£200
Ins	—	—	—	—	£400	£915
Outings	£400	—	—	—	£400	£915
Total	£1,519	£27	—	—	£1,547	£2,260

Other expenditure

Grants & Donations	—	—	—	—	—	—
Birthdays & Special Occasions	£48	£12	—	—	£61	£73
Soft Drinks & Refreshments	—	£13	—	—	£13	£240
Total	£48	£25	—	—	£74	£313
EXPENDITURE TOTAL	£1,568	£53	—	—	£1,622	£2,573
GRAND TOTAL	(£895)	(£53)	—	—	(£948)	(£1,162)

Declaration

Signed on behalf of the charity trustees:

Fiona C Lamont

FIONA CATHERINE LAMONT

Print name

Designation

TREASURER/TRUSTEE

Date

28.05.2021